



**Cochise Area Network of Therapeutic Equestrian Resources**  
**PO Box 1316, Sierra Vista, AZ 85636**  
**(520) 378-3196**

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## **GENERAL INFORMATION FOR RIDERS**

### **SAFETY REQUIREMENTS**

1. Hard Hats – all riders
2. Safety Belts – at instructors discretion
3. Side Walkers and Leader – at instructor's discretion

### **RIDING CLOTHES**

Long pants to cover legs – comfortable fit  
Appropriate footwear – shoe or boot with heel preferred; if possible, leather sole rather than rubber; no open shoes  
No extremely loose or dangling clothes  
No rings, necklaces, or earrings that protrude or dangle

### **HELPERS**

Helpers assisting the riders are trained members of CANTER

### **OBSERVATION**

Friends and family are welcome to observe the riding classes.  
For the safety of all those in CANTER, please adhere to the rules.

### **MEDICAL INFORMATION**

It is your responsibility to notify CANTER instructor of changes in medical status; for example: new doctor, new medication, etc. Current and accurate medical records are important in order to provide the best possible therapeutic program. Rider application must be updated yearly.

### **ATTENDANCE**

Riders must be prompt for the scheduled session(s). In case of illness, call the Volunteer Coordinator as far in advance as possible. If any rider does not show up for a scheduled session two (2) times and has not notified the Volunteer Coordinator, his/her slot will be given to another rider.